

Gargoyle Tattoo Studio



Tattoo Aftercare Instructions

- Always wash your hands before touching your tattoo.
- Remove bandage within 3-5 hours after getting your tattoo. Do not re-bandage.
- Wash your tattoo with lukewarm water. Be gentle, do not use a washcloth or anything that will exfoliate your tattoo. Wash then pat dry with paper towels
- Rub a small amount of ointment on your tattoo. You may use Bepanthen, A&D, or Tattoo Lube. You want the thinnest amount possible. Wash, dry and apply ointment twice a day, as needed.
- Wear clean, soft clothing over your tattoo for the first 2 weeks– nothing abrasive or irritating. For a foot tattoo: go barefoot as much as possible. If you have to wear shoes, first wrap your clean tattoo in saran wrap, then cover with a clean cotton sock before putting on your shoe. Avoid sandals or flip flops for this period to prevent chafing and damage to the tattoo.
- Your tattoo will begin to peel. This is normal! Do not pick at the skin. Begin using a mild, white, unscented lotion, free of dyes or Perfumes.
- Use lotion for minimum 2 weeks, 1-2 times daily.

Things to avoid:

- Do not pick, scratch, peel, rub or irritate your tattoo.
- You can shower, but you may not soak your tattoo for 2 weeks. No swimming, soaking or hot tub.
- You may not expose your tattoo to the sun for at least 3 weeks, after that you must use sun block.
- Do not wear abrasive materials, jewelry, or shoes that rub against your tattoo.
- Do not let anyone touch your tattoo unless they wash their hands.
- Beware of gym equipment, wash it well before using it.